प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, मेडिकल ल्याव टेक्नोलोजी समूह, सहायक चौथो तह, ल्याव असिष्टेण्ट पद (प्रदेश/स्थानीय तह) को खुला प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

यस पाठ्यक्रम दुई भागमा विभाजन गरिएको छ।

प्रथम चरणः-

भाग	परीक्षा	विषय	पूर्णाङ्क	प्रश्न सङ्ख्या	समय	परीक्षा प्रणाली	उत्तीर्णाङ्क
१	लिखित	सेवा सम्बन्धी	१००	५०	४५ मिनेट	वस्तुगत वहुउत्तर	४०
२	अन्तर्वार्ता		२०				

द्रष्टव्यः

१. यथासम्भव पाठ्यक्रमका सबै इकाइबाट प्रश्न सोधिने छन्।

२. लिखित परीक्षामा गल्ती गरेको प्रश्नोत्तरका लागि २०% अङ्क कट्टा गरिनेछ।

३. पाठ्यक्रम लागू मितिः-

A. Microbiology

1. Bacteriology 10

1.1 General knowledge about Bacteriology
1.2 Morphology of Bacteria (size, shape)
1.3 Differentiation of bacteria (cocci, bacilli)
1.4 Sample collection (pus, urine, stool, throat swab, sputum, blood)
1.5 Principle of Gram's stain, AFB stain, microscopic identification of Gram +ve and Gram –ve bacteria.
1.6 Staining- Use of different dye and its principle, method of preparation.
1.7 Mycobacteria- M. tuberculosis/M.leprae, sample collection, staining and recording result.
1.8 Preparation of sputum smear
1.9 Safety precaution and proper disposal of infected materials.
1.10 Culture media-General introduction to different type of culture media.
1.11 General introduction to sterilization- by dry heat, moist heat
1.12 Cultural technique of blood, urine, sputum, throat swab.
1.13 Use of disinfectants-preparation of disinfectant solution.

2. Parasitology 20

2.1 Introduction to parasitology
2.2 Terms used in parasitology
2.3 Classification of parasites
2.4 Helminthic parasites (Ascaris lumbricoides, Ancylostoma duodenale, Necatar Americans, Trichiuristrichiura, Strongyloidesstercoralis, Enteribius vermicularis, Taeniasolium, Taeniasaginata, Hymenolepis nana, life cycle, mode of transmission, laboratory diagnosis, prevention and control measures.
2.5 Protozoal parasites (Giardia lamblia, Entamoeba histolytica, Entamoeba coli, Balatidum coli, Trichomonas vaginalis, Trichomonas hominis) - life cycle, mode of transmission, laboratory diagnosis, prevention and control measures.
2.6 Dysentery (amoebic and bacillary dysentery).
2.7 Difference between of Entamoeba coli & Entamoeba histolytica
2.8 Laboratory procedure:
  2.8.1 Collection of sample.
  2.8.2 Preparation of reagents: normal saline solution, Iodine solution, 33% Zinc sulphatesol'n.
  2.8.3 Stool examination- routine and concentration method, interpretation of results.
2.8.4 Occult blood test.
2.8.5 Disposal of waste materials

B. *Haematology* 25

1 Composition of blood, plasma, serum and whole blood.
2 Collection of blood sample – finger prick, vein puncture, ear lobe prick.

3 Anticoagulants, types of anticoagulants, preparation of Anticoagulantvials.
4 Use of instruments – Sahli's haemoglobinometer, haemocytometers, diluting pipettes,Neubaur counting chamber, ESR tubes, importance of bulk dilution, preparation of blood diluting fluid.
5 Preparation of thin and thick blood smears.
6 Total WBC, RBC and platelet count.
7 Sources of error in blood count.
8 Differential WBC count.
9 ESR estimation (Wintrobe and Westergren method).
10 Haemoglobin estimation, preparation of standard curve.
11 Preparation of Drabkin's Solution.
12 Use of Sahli Haemoglobinometer
13 Preparation of N/10 HCL.
14 Performance of –BT, CT,
15 Staining procedure – Preparation and use of Wright's and Leishman stain and its principle.
16 Blood parasites – Malaria, filaria,
17 Perform blood grouping
18 Sources of errors in above haematological tests.
19 Quality control in haematology.

C. *Biochemistry* **20**

1 Basic chemistry- matter, substance, atom and molecules element, compound.
2 Solution- Preparation of normal sol'n, Percent solution
3 Cleaning of glass-wares
4 Instrument: Colorimeter, Centrifuge, Balance, Refrigerator
5 Law of colorimetry-Beer's and Lambert's law
6 Collection of specimen for biochemical tests
7 Estimation of B.glucose preparation of std. curve interpretation of results, source of errors.
8 Estimation of Blood Urea, interpretation of result, source of errors.
9 Preparation of reagents for Glucose, Urea,
10 Estimation of S.amylase, and calculation of results.
11 CSF – Glucose, Protein, Cell count

D. *Miscellaneous* **25**

1. *Urinalysis*
   1.1 Importance of urine analysis
   1.2 Collection of specimen
   1.3 Preservation of urine for routine & culture purpose.
   1.4 Examination of urinary deposit
   1.5 Urine albumin test by heat and acetic acid, SSA method & strip.
   1.6 Urinary glucose test by Benedict's & strip methods.
   1.7 Preparation of Benedict's reagents.
   1.8 Urine pregnancy test

2. *Semen analysis*
   2.1 Volume
   2.2 Motility
   2.3 Sperm count

3.*Instrumentation*
   3.1 Microscope- use of microscope, parts of microscope, handling of microscope.
   3.2 Use of incubators, hot air oven, water bath, refrigerator, chemical balance, Colori meter.
   3.3 Basic knowledge of glass-wares (test tube, flask, measuring cylinder).

4. *Immunology*
   4.1 Perform VDR L and HIV tests.
   4.2 Definition of precipitation, agglutination, flocculation.

5. *Quality control in following tests*
   5.1 Gram's stain, AFB microscopy
   5.2 TC, DC, Hb, ESR
   5.3 Blood sugar, Blood urea

6. *Basic knowledge of Anatomy and Physiology*
   6.1 Digestive system – pancreatic amylase
   6.2 Urinary system – kidney, bladder, ureter

Model Question

1. **Gram's stain ……**
   A. Differentiates all cocci from bacilli
   B. Differentiates AFB from Non-AFB
   C. Differentiates all the bacteria into Gram Positive & Gram negative one.
   D. Bacteria from virus.
2. **AFB after Zeihl Neelson stain appears as …….**
   A. Yellow rod
   B. Red rod
   C. Violet rod
   D. All of above
3. **Entamoeba Histolytica causes ……**
   A. Amoebic dysentery
   B. Bacillary dysentery
   C. Typhoid fever
   D. Malaria fever
4. **Which of the condition is associated with Hook-worm infection ……..**
   A. Polycythaemia
   B. Iron deficiency anaemia
   C. Thalassemia
   D. All of above
5. **Total WBC Count means ……**
   A. Count of white blood cells in 2µl of blood
   B. Count of white blood cells in 1µl of blood
   C. Count of white blood cells in 1cc of blood
   D. Count of white blood cells in 0.38 ml of blood
6. **Low level of haemoglobin in peripheral blood is called ……**
   A. Hypohaemoglobinaemia
   B. Polycythaemoglobinaemia
   C. Anaemia
   D. Leukaemia
7. **Wright's stain is prepared in …….**
   A. Ethyl Alcohol
   B. Acetone free methyl alcohol
   C. Isopropyl alcohol
   D. Butyl alcohol
8. **Normal value for fasting sugar using O-toluidine method is …….**
   A. 60-120 mg%
   B. 80-140 mg%
   C. 90-160 mg%
   D. 100-200 mg%
9. **Urea is increased in blood in …….. diseases**
   A. Diabetes
   B. Renal failure
   C. Thyroid failure
   D. Pancreatitis

10. VDRS is ……..

A. Uncurable disease
B. Protozoal disease
C. Sexually transmitted disease
D. Always Reactive in HIV positive patients

11. HIV is caused by ……..

A. Haemophillus influenza
B. Rabies virus
C. Human immunodeficiency virus
D. Toga virus

12. Which statement is true ……..

A. Only hot things like tea can be taken inside laboratory
B. Any thing can be eaten in laboratory
C. Nothing can be eaten, drunk or taken in laboratory
D. Only drugs can be eaten in laboratory